

GOLDEN BEAN

Nutrition Facts

1 serving per container

Serving size **About 2/3 cup (56g)**

Amount Per Serving

Calories **200**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 460mg **20%**

Total Carbohydrate 34g **12%**

Dietary Fiber 10g **36%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

Protein 14g

Vit. D 0mcg 0% • Calcium 70mg 6%

Iron 4.3mg 25% • Potas. 650mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.