TOMATO & BEAN

Nutrition Facts

1 serving per container

Serving size **About 2/3 cup (65g)**

Amount Per Serving

Calories **240**

	% Daily Value*
Total Fat 3.5g	**4%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 460mg	**20%**
Total Carbohydrate 40g	**15%**
Dietary Fiber 9g	**32%**
Total Sugars 7g	
Includes <1g Added Sugars	**2%**
Protein 14g	

Vit. D 0mcg 0%	•	Calcium 100mg 8%
Iron 4.2mg 25%	•	Potas. 850mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.